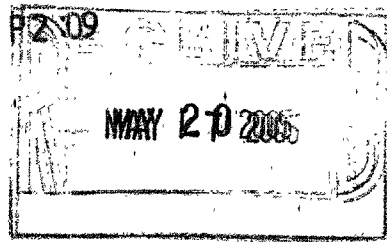


Natural Factors Nutritional Products Inc.

May 12, 2005

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C Street SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Aller-7™ Formula

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Place
Burnaby, B.C.
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th Street SW, Suite 100
Everett, WA 98203

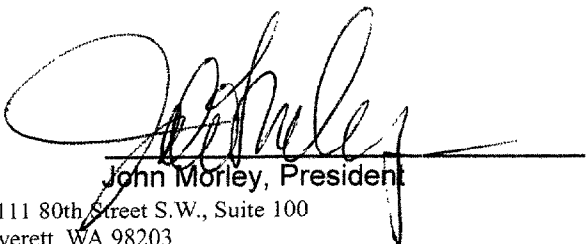
Text of Side Panel: Aller-7™ is a proprietary formula containing herbal extracts that supply key active compounds to support the body's systems through seasonal discomforts.

Text on PDP: Natural Herbal Support

Name of dietary ingredient that is the subject of statement: Aller-7™ Herbal Extract
Proprietary Blend: Amla (Phyllanthus emblica), Chebulic Myrobalan (Terminalia chebula), Belleric Myrobalan (Terminalia bellerica), Indian Walnut (Albania Lubbock), Ginger (Zingier officinale), Long Pepper (Piper longum), Black Pepper (Piper nigrum)

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President

Date 5/13/05

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